



IMPACT REPORT ARBA FOUNDATION

Surviving Pandemic

2019 - 2021



In collaboration with:



ARBA



FOUNDATION

ARBA Foundation

K-3-01, Conezion,
Persiaran IRC3, IOI Resort City,
62502, Putrajaya

 ARBA Foundation

 @arbafoundation

  +60 19 452 6290

 www.arbafoundation.com

 @arbafoundation1

 @arbafoundation

TEAM PROFILE



Azlan Shah Nabees Khan
CEO



Najah Khalid
Project Management



'Uzma Tahir
Project Management



Faradine Nordin
Media & Branding



Afiqah Izzati Zawawi
Project Management



Hadi Pami
Social Media



Fraja B.
Creative & Branding

FOUNDERS



Ammar Roslizar
CEO, Yezza Tech



Ammar Sahrin
CEO, Celsius Coffee



Dr. Wan Mohd Aizuddin
CTO, Yezza Tech



Amiruddin Hamidun
CEO, ARBA Travel

COUNCIL MEMBERS



Tan Sri Dr. Mohd Daud Bakar
Chairman, Shariah Advisory
Council, Bank Negara Malaysia



Ahmad Naim Jaafar
Founder, Foresight Academy



Ammar Roslizar
CEO, Yezza Tech

Table Of Contents

Team Profile	3
Founders	4
CEO's Remark	6
Mission	7
Our Principles	9
Operational Model	10

Breastfeeding Project

i. Data & Recommendation	12
ii. Operation	13
iii. Portal	15
iv. The Covid-19 Pandemic	17
v. Impact	18
vi. Additional Aid For Mothers In Extreme Poverty	19

Malaysian Parenting Forum

i. Objective	22
ii. Impact	24

Ramadan Impact Project

i. The Problem	26
ii. The Project	27
iii. Result	28

Poor Family Aid Project

i. The Problem	30
ii. The Project	31
iii. Project Background	32
iv. Recipients Distribution	33
v. Recipients Profile	34

Sabah Emergency Aid Project

i. The Problem	38
ii. Operation	40
iii. Impact and Output	41

Smartphones Aid Project

i. Operation	45
ii. Impact and Output	46

Ramadan Infaq Project 2.0

i. The Problem	48
ii. Recipient's Profile	50
iii. Impact and Output	52

White Flag Campaign

i. Data	54
ii. The Problem	55
iii. Operation	56
iv. Distribution	57
v. Range Of Income Of Beneficiaries	58
vi. Impact and Output	59

Frontliners Aid Project

i. The Masalah	61
ii. Operation	62
iii. Impact and Output	63

Poor Family Aid Project 2.0

i. Data	65
ii. Project	66
iii. Recipients Profile	67
iv. Health	69
v. Living Standard	70
vi. Impact and Output	71
vii. Spending Pattern	72

Recipients Evaluation	73
Collaborators and Supporters	75

CEO's Remark

ARBA Foundation was built with the intention and courage to help eradicate the widening poverty in Malaysia. It all started with a curiosity to understand the reality behind the appalling statistics and numbers reported annually.

Oftentimes, solutions are suggested and discussed in luxurious hotels or ceremonial events that are completely disconnected from the struggles and the reality of the poor. We believe in the essence of being grounded closer to the root problem and that is — to get closer to the community itself.

We seek to understand deeper by connecting ourselves to the families and building mutual trust. Each family has their own unique stories and struggles. Hence, to deliver mutually valued solutions and impactful initiatives, the approach has to be genuine and rooted. After all, we are more than just an entity that helps fundraise and distribute it for the needy.

We are making progress with these families and we have successfully compiled our effort and exploration journey in our Impact Report 2019-2021. Both completed projects and ongoing projects have helped us understand the depth of poverty in Malaysia, especially amid the pandemic situations and the Movement Controlled Order (MCO).

Yes, like a lot of people, we may have felt the urge to give up sometimes. It's easy to get to a point where it seems as though the time we have invested to see the impact can be very daunting. However, the optimism of seeing the progress and doing what is right has driven our unwavering hope and effort to help more families and children from being trapped in the vicious cycle of generational poverty.

You're continuous support matters and we are grateful for the trust that has been given towards our effort in the ARBA Foundation.

Azlan Shah Nabees Khan
CEO, ARBA Foundation

MISSION

BREAKING THE POVERTY CYCLE

Our mission is to help children escape the poverty cycle in one generation.

2019 -
2021

RM1,460,415
AMOUNT DISTRIBUTED

10

Number of Projects

12,806

Number of Relieved Individuals

2,561

Number of Relieved Families

44,505

Number of Donors

95

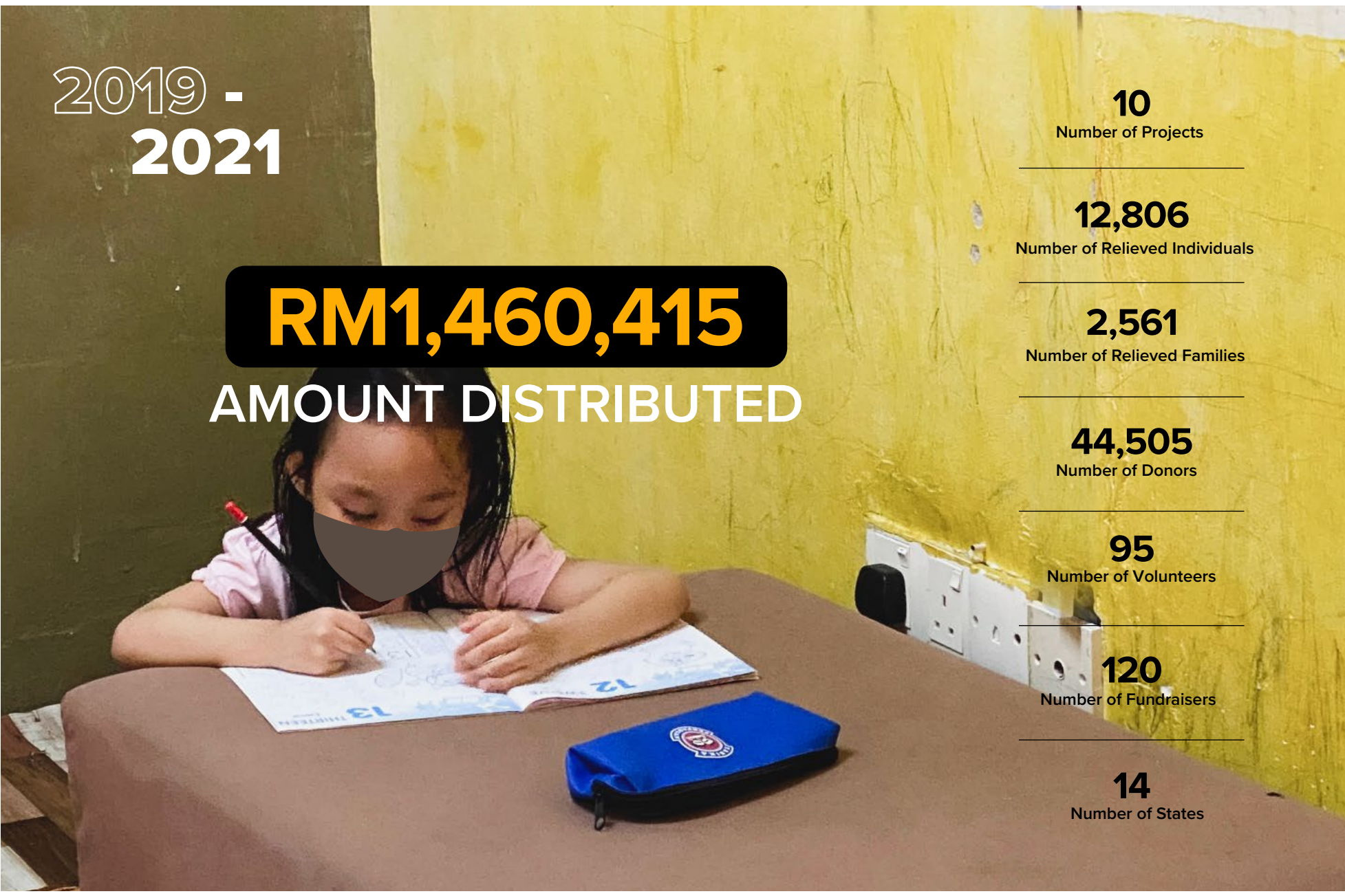
Number of Volunteers

120

Number of Fundraisers

14

Number of States



OUR PRINCIPLES

**Genuine
Rooted
Impactful**

OPERATIONAL MODEL ---



Each project of ARBA Foundation is based on credible research and data.



Financial and human resources are gathered accordingly.



Each project is designed to be **Impact Driven.**



Breastfeeding Project

2019

DATA & RECOMMENDATION

1 out of 5 children in Malaysia is stunted.

(Data from The National Health and Morbidity Survey, UNICEF, World Bank)

Recommendation:

Exclusive breastfeeding is recommended for the child's first six months to achieve optimal growth, development and health.

In collaboration with:

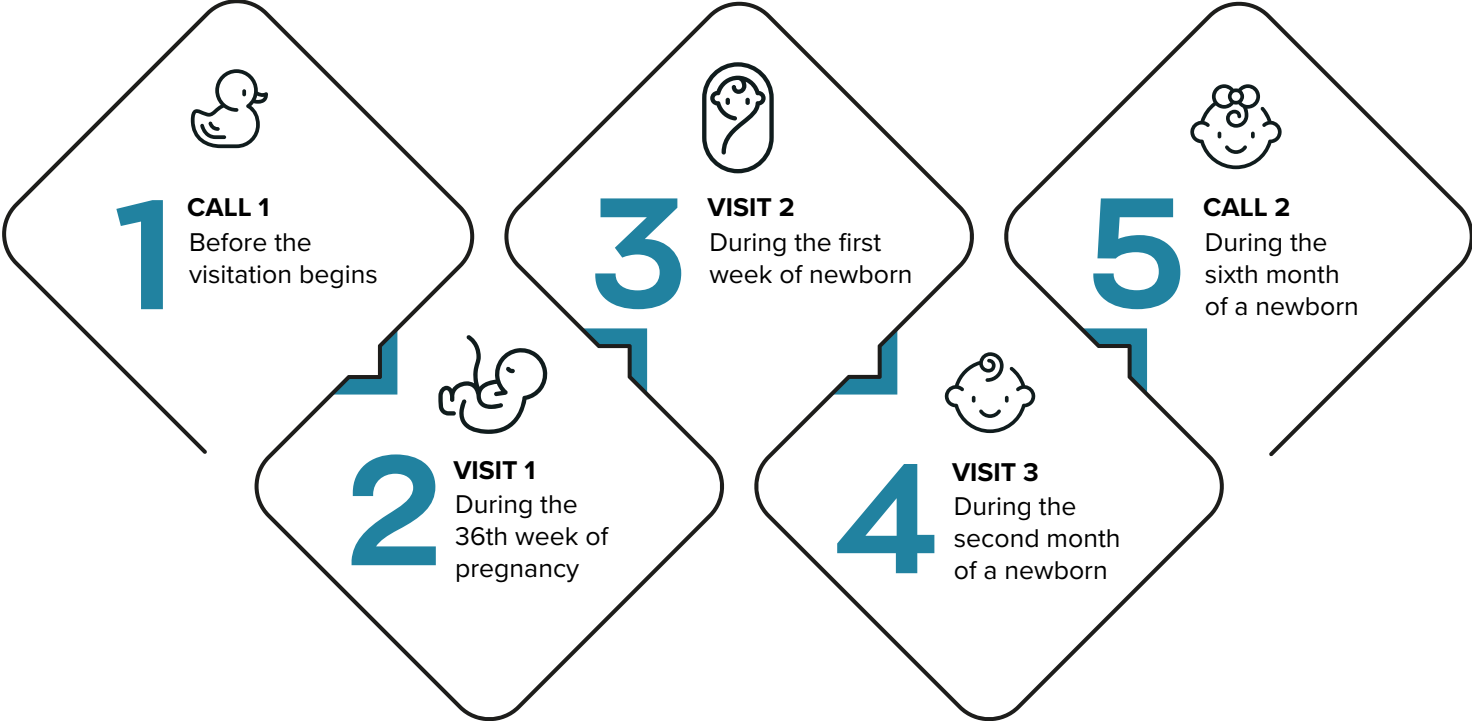


1. Universiti Sains Malaysia (USM)
2. Malaysian Breastfeeding Peer Counselor (MBfPC)
3. District of Hulu Langat Breastfeeding Support Group
4. Ministry of Health (MOH)
5. Persatuan Pembimbing Ibu Menyusu Malaysia (MBfPCA)
6. Persatuan Sokongan Penyusuan Susu Ibu Hulu Langat
7. Pejabat Kesihatan Daerah Petaling dan Hulu Langat, Kementerian Kesihatan Malaysia (KKM)

Amount allocated:

RM 250,000

OPERATION _____

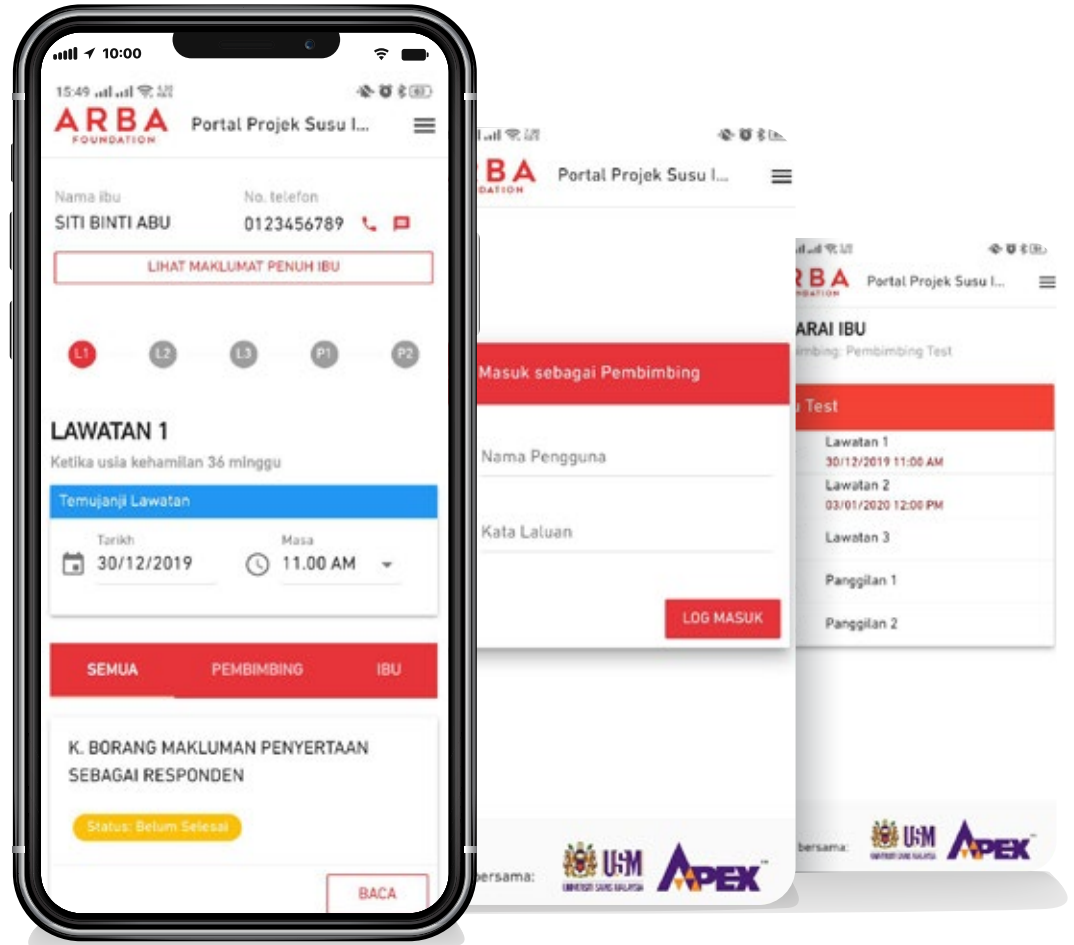




PORTAL

ARBA Foundation has developed an online portal to manage this project. In this portal, qualified counsellors will each be assigned to a registered mother.

Personal information of the mothers, appointment date, data collection and progress tracking is done through this online portal.



Multiple Stakeholders Approach in Community Breastfeeding Support Intervention for B40 Mothers

Multiple stakeholders approach explains how we can leverage different potential, working together in achieving common goals. This monograph describes when to collaborate in making an intervention for B40 community a true success. Knowing and performing each stakeholder role in a well-mannered coordination is the key to attain the project outcome without compromising any interest. Community activists and entrepreneurs can easily duplicate or adapt this methodology in planning for any mass project to achieve their targets. This monograph is a suitable read for undergraduate and postgraduate students, non-governmental organizations members and activists, entrepreneurs, community leaders as well as stakeholders.

Multiple Stakeholders Approach in Community Breastfeeding Support Intervention for B40 Mothers

Multiple Stakeholders Approach in Community Breastfeeding Support Intervention for B40 Mothers

Zaharah Sulaiman | Azlan Shah Nabees Khan | Tengku Alina Tengku Ismail



THE COVID-19 PANDEMIC

The Covid-19 outbreak and MCO have radically impacted the operation of this project. Our initial goal to support 500 mothers and their babies before 1 May 2020 could not be achieved due to several limitations.

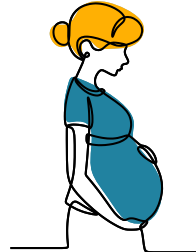
A total of **40 mothers** had signed up for participation. However, due to unavailable access to do home visits and counselling visits in the Health Clinic, additional recruitment was postponed.

This project continued after MCO's end from October to April 2021. The operational model has altered accordingly, and counselling sessions were done online.

“In June 2022, this project resumed its physical home visit involving mothers in the state of Kelantan.”



IMPACT



41

Breastfeeding Counsellors



62

Mothers Guided



25

Health Clinics Involved

(As of 31 December 2021)

ADDITIONAL AID FOR MOTHERS IN EXTREME POVERTY

Following the visits done by breastfeeding counsellors, we found a few mothers who were near delivery date living in an uncondusive home to welcome the baby. One of them is Mrs Q, who lives in the District of Hulu Langat.

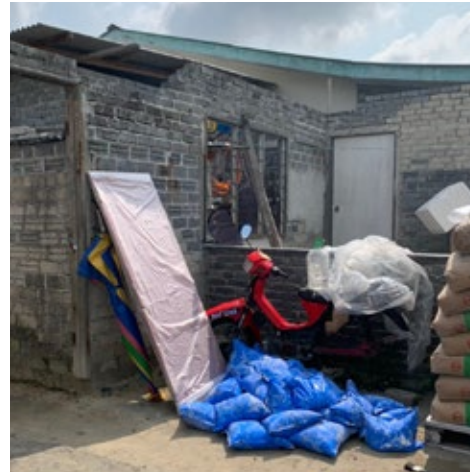
With the support from the public, we managed to raise funds and help Mrs Q. Her house was cleaned and renovated to provide better safety and a conducive environment for the family. We managed to register two of her children for school and pre-school. Their school fees were fully paid for the year and school supplies such as uniforms, stationery and books were provided.

Amount contributed:

RM 9,990



BUILDING HOME FOR MRS Q PROJECT —————



A close-up photograph of a newborn baby crying. The baby's face is the central focus, with its eyes squeezed shut and its mouth open in a cry. The baby is wearing a white long-sleeved garment with ruffled cuffs. A person's hands are visible, gently holding the baby's hands. The background is softly blurred, showing a person's face and a striped garment. The overall lighting is warm and intimate.

Malaysian Parenting Forum

2019

OBJECTIVE

Malaysian Parenting Forum was organised as an effort to spread awareness of the importance of family well-being and the importance of a good parenting approach in building a better nation in the future.

This forum covers important issues in parenting with panels of industry experts and professionals.



ARBA 

Malaysian Parenting Forum 2019

2 November 2019 (Sabtu), 9 pagi – 5 petang
Dewan Wawasan, Menara PGRM Cheras, Kuala Lumpur



Harga Normal: RM 125/pax
Harga Early Bird: RM 150/pax

Daftar di www.mpf2019.com



Jadual Malaysian Parenting Forum 2019

8.00 - 9.00 am Pendaftaran Peserta
9.00 - 9.30 am Pembukaan Program - En Adnan Shah
9.30 - 9.30 am Sesi 1: Pembinaan Keluarga - Datin Dr Hafina
9.35 - 9.55 am Sesi 2: Kehamilan & Kafahaman - Dr Tan Ee Ping
10.00 - 10.20 am Sesi 3: Penyusuan & Pemakanan - Datin Dr Sufiyahatun
10.25 - 11.00 am Forum + Q&A - Datin Dr Hafina, Dr Tan & Dr Sufiya
11.05 - 11.25 am Sesi 4: "Play Matters" - Dr Puhi Afzan Maria
11.30 - 11.50 am Sesi 5: Didikah Duri Hati - Tin HJ Pahol
11.55 - 12.15 pm Sesi 6: Anak Lancar Cakap - Pn Aishah Kassim
12.20 - 12.55 pm Forum 2 + Q&A - Dr Putri, Tin HJ Pahol & Pn Aishah

1.00 - 2.00 pm Rehat

2.00 - 2.15 pm Persembuhan
2.20 - 2.40 pm Sesi 7: Skin & Minda Anak - Dr Subashini
2.45 - 3.05 pm Sesi 8: Internet & Jaja Anak - Pn Rosmawati
3.10 - 3.30 pm Sesi 9: Perlindungan Anak - Dr Farah Nira
3.35 - 4.10 pm Forum 3 + Q&A - Dr Subashini, Pn Rosmawati & Dr Farah Nira
4.15 - 6.30 pm Cabutan Bertuah

4.30 - 4.45 pm Penutup: 10 Take-Home Messages

ARBA 



900

PARTICIPANTS

50

VOLUNTEERS

MPF 2019 is a collaboration event with Raudhatu Sakinah held in PGRM Tower, Cheras, Kuala Lumpur.

IMPACT

Participant Satisfaction Rating

7.5/10



“I loved the selection of all the speakers and topics presented in TED talk style. All points shared in concise manner”

“Content yang sangat padat dan sangat membuka mata dan menyentuh hati buat pasangan muda. Memang sangat memerlukan forum begini. Please sangat buat lagi tahun hadapan. Atau mungkin boleh tambah forum special untuk penjagaan hubungan pasangan suami isteri pula. Apapun sangat puas hati! Terima kasih ARBA!”

“All of the forum are very informative. Please do again next year. Probably can add longer time for each session.”

“Pendedahan mengenai parenting, memberi kesan/impak & kesedaran pada kami sebagai ibu & bapa untuk mendidik & menyediakan anak-anak untuk menghadapi masa akan datang”

“Ilmu yang menyeluruh, maksudnya panel yang dijemput menyentuh pelbagai aspek, dari segi makanan, kerohanian, pregnancy, membesarkan anak melalui play dan juga ilmu berkenaan hak kanak-kanak. Lanya tak tertumpu kepada satu topik sahaja.”

“Kepelbagaian jenis tempat mengikut kategori peserta. Style yang santai.”

In Collaboration With:



Ramadan Infaq Project

2020



THE PROBLEM



97% of low income families couldn't afford fresh, healthy, and nutritious food. - UNICEF



9 out of 10 low-income families have **no savings** at all.

- UNICEF

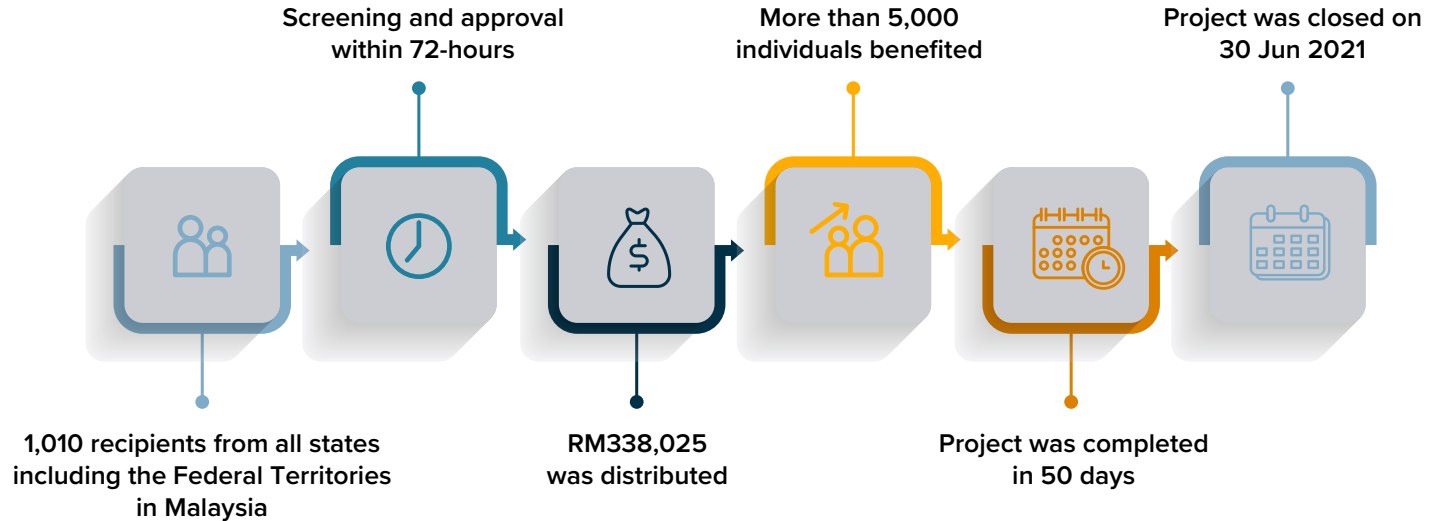


7 out of 10 self-employed Malaysians **do not have** any savings to sustain further than a month.

- Department of Statistics Malaysia (DOSM).

THE PROJECT

The majority of aid recipient were construction workers, small vendors, fishers, farmers, rubber tappers, and scrap metal collectors.



AMOUNT DISTRIBUTED:

RM 338,025

RESULTS

Ramadan Infaq Project



Majority of these families had lost their source of income due to Covid-19 and MCO. Hence, one-off cash assistance was insufficient to survive without any savings and growing debt.



Poor Family Aid Project



Based on Ramadan Infaq Projects, we decided to develop Poor Family Aid Project that provides monthly cash assistance to support their basic needs which includes food, housing and medication.



1,010
families were relieved



5,050
individuals benefited

In collaboration with:



Poor Family Aid Project

2020



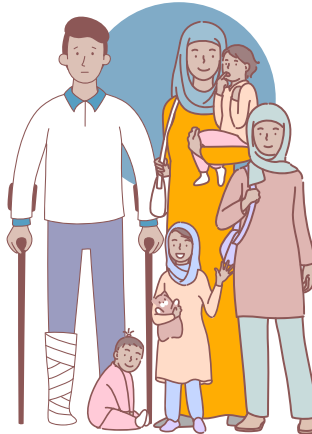
THE PROBLEM _____

Result analysis from Ramadan Infaq Project 2020 has shown that a huge number of the recipients were in need of longer-term assistance. COVID 19 pandemic and the MCO had caused them to lose their source of income, subsequently making them unable to pay for housing and burdened with huge growing debts. Most of them reported declining mental health, experiencing chronic stress & mental depression.

MOST AFFLICTED GROUPS _____



**Female-headed household
(Single mothers)**



Families with large dependence



Families with chronic diseases and disabled individuals

THE PROJECT _____

Three operational pillars of the project:



Unconditional cash assistance

Recipients are given monthly cash assistance for six months for their necessities. Spending priorities vary from one family to another.



Expenses are tracked

Each recipient is required to share details and receipts of expenditure. This is to understand their spending priorities and to qualify for the following month's assistance.



Progresses are measured

Their finance, health, education and well-being are measured to ensure progress.

PROJECT BACKGROUND

Through home visits, we were able to get closer to these low-income families and understand the reality behind their struggles. They live in a small home that is shared between seven to eight family members. It can sometimes occupy up to three generations; the grandparents, parents, and children.

Due to financial struggles, they could not afford healthy and nutritious food for their children. Even worst, their infants were commonly fed with condensed milk, syrup, or tea that was diluted with water.



Johor



Selangor



Melaka



Negeri Sembilan



Pahang



Perak



Terengganu

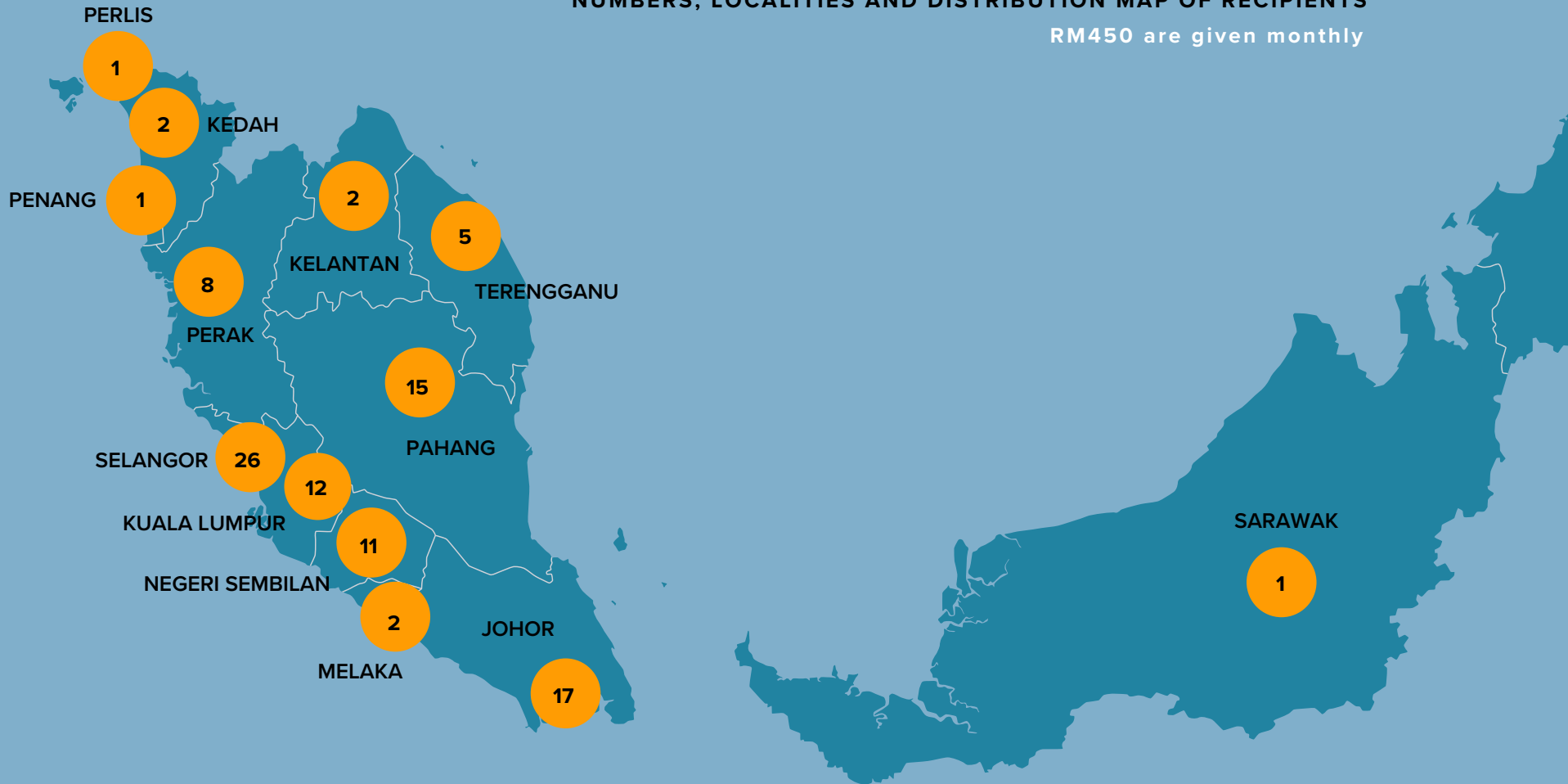


Kuala Lumpur

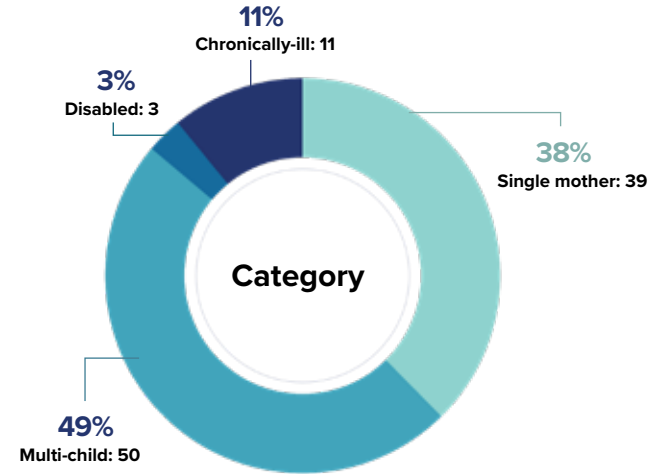


NUMBERS, LOCALITIES AND DISTRIBUTION MAP OF RECIPIENTS

RM450 are given monthly



RECIPIENTS PROFILE



Number of individuals: : 651 

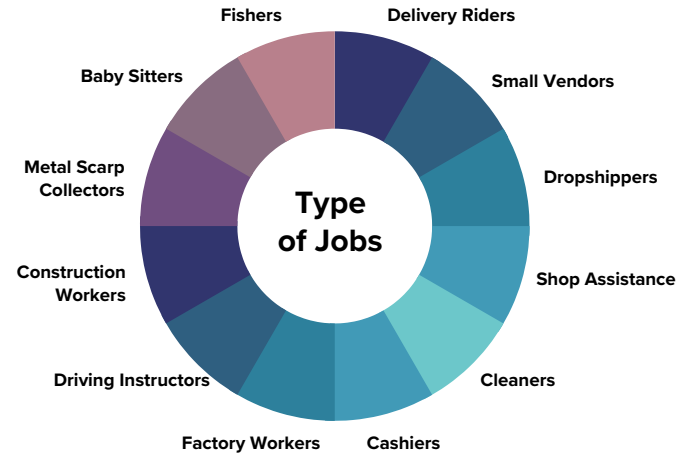
Number of children below 18 years old: 455 (70%)

Head of household (Male): 51 (49.51%)

Head of household (Female): 52 (50.49%)

Amount distributed:

RM 257,700



THE REALITY AND IMPACT OF FINANCIAL PROBLEMS FACED THROUGHOUT MCO IN 2020



86.4%

Recipients have successfully ensured:

Adequate nutritious food, the children continued learning in school, rental and home related utility bills are paid on time avoiding them being kicked out.



Collaboration With:



Sabah Emergency Aid Project

2020



PROBLEM

astro
70/2020

COVID-19: Pertambahan 70 peratus kes baharu, PRN Sabah cetus gelombang - Kajian

Astro Awani
Maj 30, 2021 06:20 MYT

Metro

UTAMA

Covid-19: PRN Sabah sumbang penularan gelombang ketiga [METROTV]

Oleh Mohd Firdaus Ibrahim
am@hmetro.com.my

Kuala Lumpur: Ketua Pengarah Kesihatan, Tan Sri Dr Noor Hisham Abdullah tidak menolak kemungkinan Pilihan Raya Negeri (PRN) Sabah menyumbang kepada gelombang ketiga penularan Covid-19.

Beliau berkata, penganjuran PRN itu dilihat menyumbang kepada penularan kes apabila ada pihak yang tidak patuh prosedur operasi standard (SOP).

*Jika melihat kepada pilihan raya diadakan di New Zealand, tiada peningkatan ketara kes (gelombang) dilaporkan berlaku.

Asalamualaikum 10:43 AM

Puan maaflah mengganggu tp terpaksa.. 10:49 AM

Sekarang ni sy terkesan sngt2 sejak kawasan kami brada d zon Merah ndak dpt keluar pigi mana2 cari rezki... Apatah lg musibah banjir melanda d kawasan kami... Mohon sngat2 sy perlukan bantuan susu ni puan... Sbb suda seminggu tiada pendapatan langsung ndak tau mau d kais mn lg ni puan ini pun kehabisan susu suda.. 10:53 AM

BANTUAN KEMANUSIAAN BAGI PENDUDU AKIBAT PANDEMIK COVID-19 10/19/2020 AS

BORANG INI ADALAH INISIATIF DARIPADA SEKUMPULAN ANAK MUDA bit.ly

Assalamualaikum tuan .. mnta maaf jka chat sy ni mnganggu .. ada sy chat d fb td , tp bantuan trlah d tutup . Tp sy trdesak tuan smpai dh x da segan silu untuk chat d whastapp .. dlu sy pernah d bantu oleh pihak tuan .. dan skrg , skali lg sy mnta jika boleh Sy memohon sumbangan makanan untuk keluarga sy .. ? Sy dh tak tau nak mohon d mna .. sy dh isi borang <http://bit.ly/bantuancovidsabah> Tp smpai skrg blm ada respon . Bekalan makanan mngkin tgl untk 2 hari saja lagi , itu sy sdh jimat hnya mkn 1 hari 1 kali dlm 5ari ni .. sy tgu duit BPN 26/10 Lama nya . Sy bantu sgt 😭😭 Jika pihak tuan dpt mmbantu sy untuk beli beras sahaja pun sy bsyukur sgt .. dan jika sy sdh dapat bantuan dlm ms trdekat ni , nnt sy akan inform tuan spaya senang pihak tuan untuk mbatal kan pmohonan sy ni .. dan d berikan pd yg lbh layak .. hanya Allah sj dpt balas budi tuan .. 😊 11:47 AM

Saya tiada ic tuan dulu saya pegang pasport tapi jaminan bos Sekarang tiada sdh mati sdh itu pasport bos tarik sdh 3:09 PM

Laki saya pun tiada ic tuan jaminan bos juga tapi mati sdh pasport Dia pergi kerja kontrak tapi kna tngkap polis masa LMA sdh dlam lokap 6bulan dlam lokap 3:11 PM

Dulu sblum ptkb sy krja restorn cuci piring untuk kprluan saya sma anak2 MCM mkn dn susu tapi kna sruh sdh brhnti Oleh bos SBB kdla mrosot 3:14 PM



Tuan bagi bantuan untk org ic sja ka tuan? 3:26 PM



RM250 X 115 families x one-off

=

RM18,750

amount distributed

OPERATION



Online aid.

Applicants were screened and verified through phone calls and WhatsApp.



Collaborations with teachers.

For all recipients who did not have internet access, aids were distributed through teachers in rural schools.



Shared aids.

Some of the families shared their aid to support families who did not have complete documentation and bank accounts.

More than 500 individuals (115 families) were benefitted.

Helped provide aid to desperate families especially food and basic necessities including baby supplies and medication for sick individuals.

In Collaboration With:



Smartphones Aid Project

2020





4 out of 10 students in Malaysia have no smartphones to attend online classes.
(Ministry of Education Malaysia, 2020)



2 out of 5 children who attend online classes do not have enough tools to participate.
(UNICEF)



3 out of 5 students share one smartphone.
(Internal survey by ARBA Foundation)

Assalamualaikum dan salam sejahtera tuan
Sy nak minta jasa baik dr pihak tuan utk bantu anak2 sy dlm mengikuti sesi online class. Hari ni ada 3 serentak online class life. H set 1 sj. Pas tu lap top anak yg Uitm tu dia guna utk online class 2:08 PM

Agak rumit. Sbb share 5 org. Ali ting 2 SMK Putra Sarah ting 1 SMK Derma Yusuf tahun 2 SRK Seri Indera Tariq tahun 1 SRK Seri Indera Adam Nawfal Pra sekolah SRK Seri Indera 2:11 PM

Mungkin ada pihak yg boleh membantu anak2 sy 2:11 PM

Tq 2:12 PM

Sama2..ada encik..tapi buat Masa ni dia x pernah lagi joint kelas online tu sbb sy berkerja..InsyaAllah..14 hb ni baru dia boleh belajar kelas online tu..sbb sy last keje 13hb ni..berhenti keje sementara sbb nak ajar anak joint kelas online 11:07 AM

memudahkan akak uruskan pdpr untuk 5 orang anak ni?

Akak pun x tau....mcm mana akak nak buat supaya kelima² ni dpt belajar online ikutasa yg tepat...tanpa perlu berkongsi atau mengikut giliran 10:27 AM

Kadang² kerja sekolah yg harini belum buat..yg semalam masih menunggu...anak² dh pening teemasuk mak² nj pun pening 10:28 AM

Kalau ada rezeki akak nak belikan hp sendiri khas utk anak sulong tanpa perlu campur dlm hp akak..sbb group dia banyak sangat dan cikgu dia mmg tegas sgt jika x daftar kehadiran atau x buat kerja sekolah 10:29 AM

Manakala yg lain...akak cariman ladtop secondhand..InsyaAllah..angan² dulu 😊 10:29 AM

Hp 2:04 PM

Jenis lama 2:04 PM

Tu pun sampai bergaduh 2:04 PM

Saya punya ne pun diguna kn untk klas online 2:05 PM

Setiap hari topup... 2:05 PM

Cuma mula hari isnin sampai sekarang ank x ikut kelas online 2:06 PM

Duit x ad nak topup 2:06 PM

Tapi saya dh maklum kn pada pihak sekolah mereka fhm dgn keadaan saya 2:06 PM

Ye betul.. 11:04 AM

Dia tengah cari kerja lain 11:04 AM

You
Walaikumsalam puan adibah, terima kasih kerana berkongsi maklumat perbelanjaan dengan kami.

Ye banyak pakai 11:04 AM

You
semoga dipermudahkan untuk puan sekeluarga.

Aminn 11:04 AM

Sekarang anak-anak belajar secara online di rumah lah ya? 11:26 AM ✓

You
Sekarang anak-anak belajar secara online di rumah lah ya?

Ye.. belajar online..susah pakai hp 11:54 AM

Ni pun terpaksa..nak beli tan atau tab memang tak mampu 11:54 AM

Source: Applicants' WhatsApp messages

OPERATION

- Aid was given as conditional **cash assistance**.
- Recipients may **add their cash** to buy the smartphone or laptop.
- Recipients can **choose which smartphone to buy** and submit their receipts to ARBA Foundation



Amount distributed:

RM 37,500

IMPACT AND OUTPUT

355

Children Benefited

86

Smartphones unit

All children among the families under the care of ARBA Foundation were able to continue online classes (Home-based Learning and Teaching (PdPR))

In Collaboration With:



Ramadan Infaq Project

2021



THE PROBLEM

Based on the data from Family on the Edge, Volume 2, a report by UNICEF

- i. Households income reduction since the implementation of MCO
- ii. 4 out of 10 households were receiving below RM2000 income
- iii. High unemployment rate; 1 out of 2 adults were not having a job.

MUTAKHIR

5,000 kes baharu harian Covid-19 akhir Mei - KP Kesihatan



Oleh Nurul Hidayah Bahaudin dan Redzuan Muharam
am@hmetro.com.my



COVID-19: Statistik melonjak, Malaysia rekod 3,142 kes baharu, Selangor tertinggi

Astro Awani
April 28, 2021 09:56 MYT

SEMASA

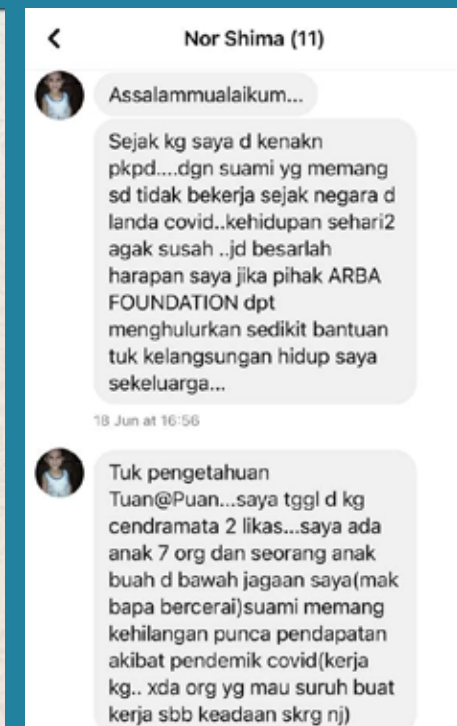
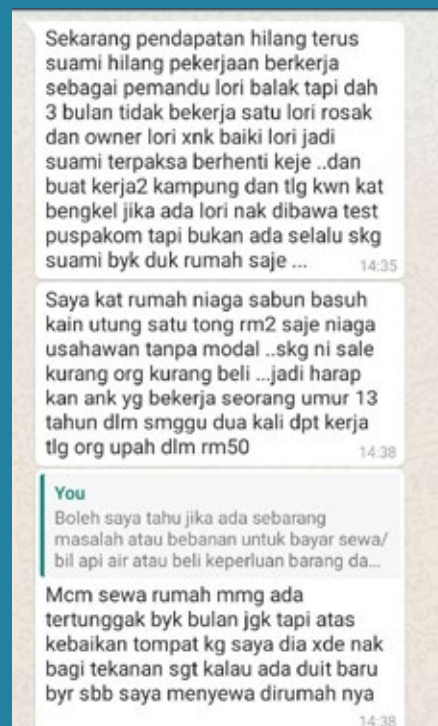
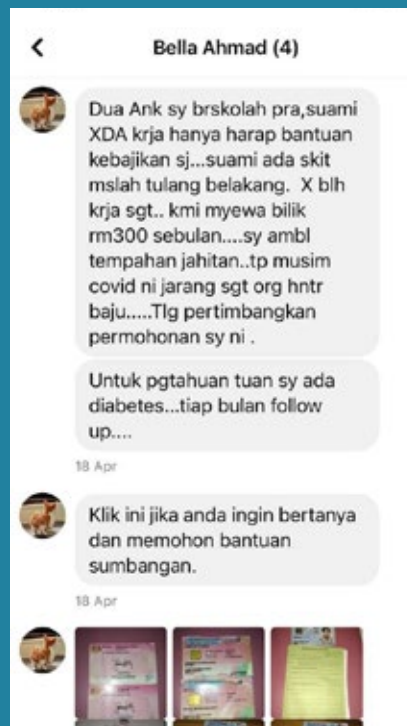
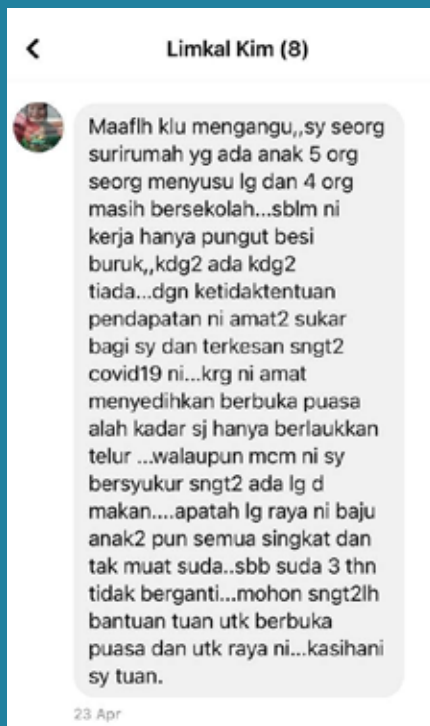
PKP 3.0 bakal dilaksanakan di beberapa negeri... bazar Ramadan, sekolah akan ditutup, makan di restoran tak dibenarkan - Sumber

Ahod, 02 Mei 2021 12:25 PM

KOMUNITI NASIONAL TERKINI

Bazar Ramadan kawasan PKP di Selangor tutup mulai 8 Mei





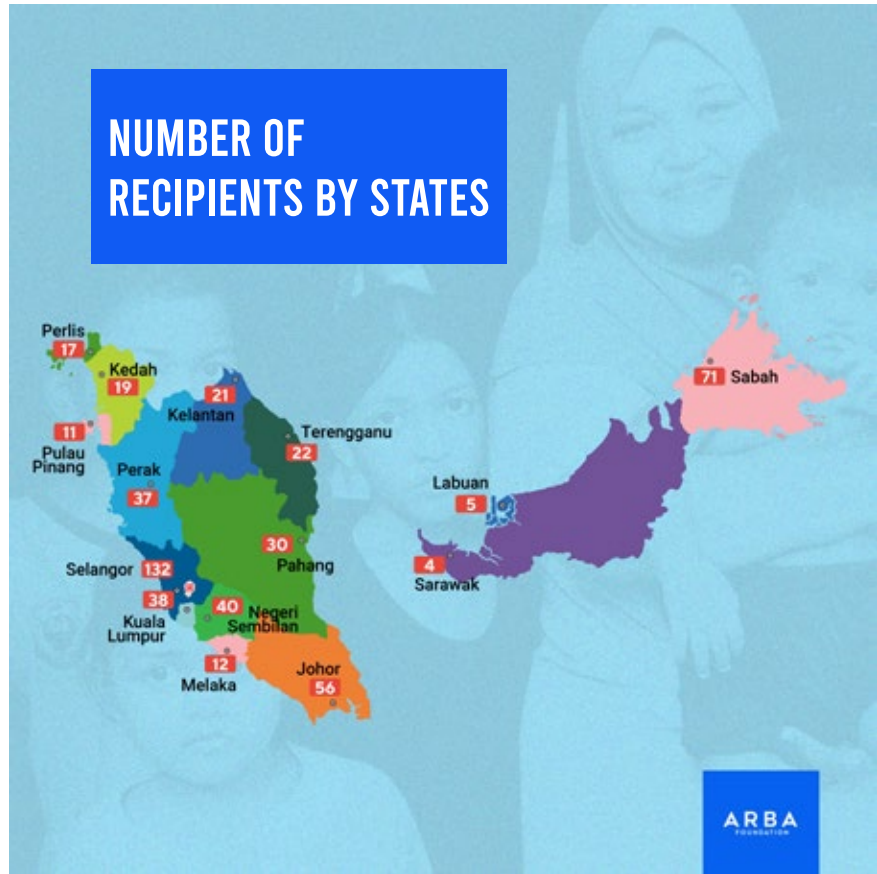
Source: Applicants' WhatsApp messages

Amount distributed:

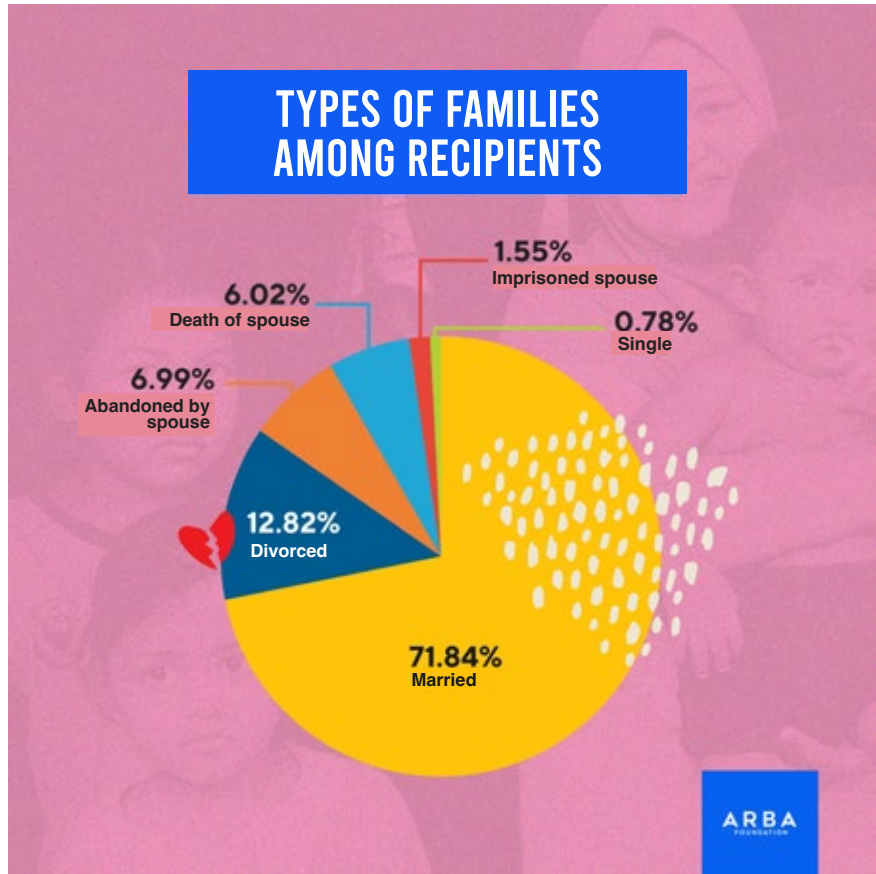
RM 229,900

RECIPIENTS PROFILE

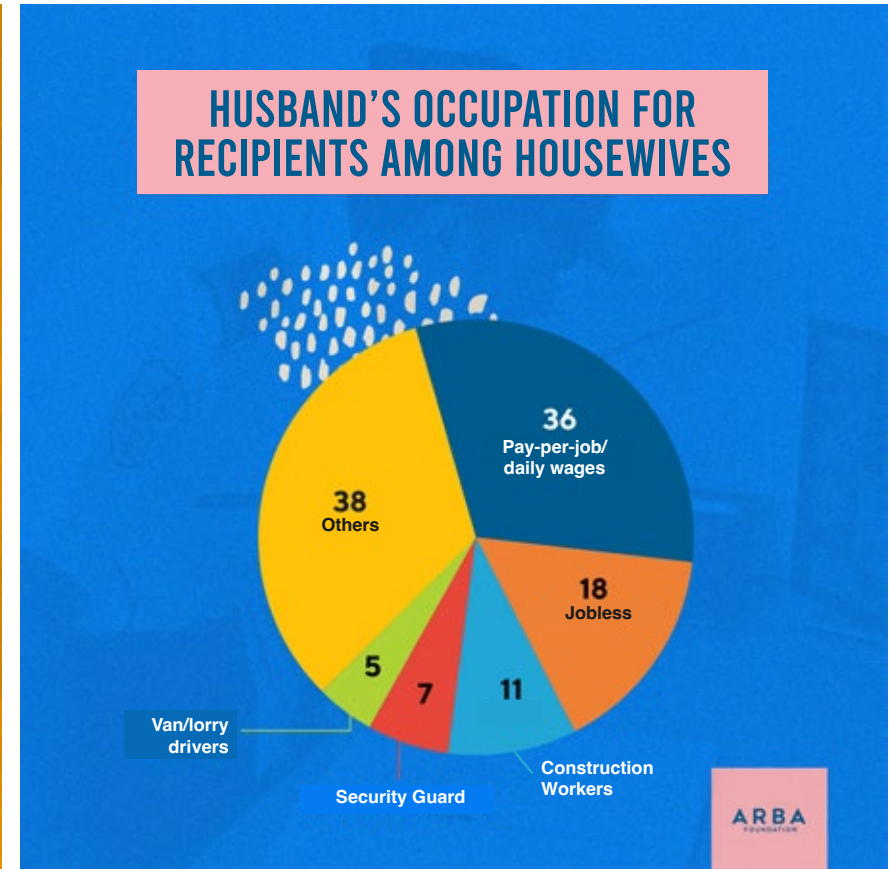
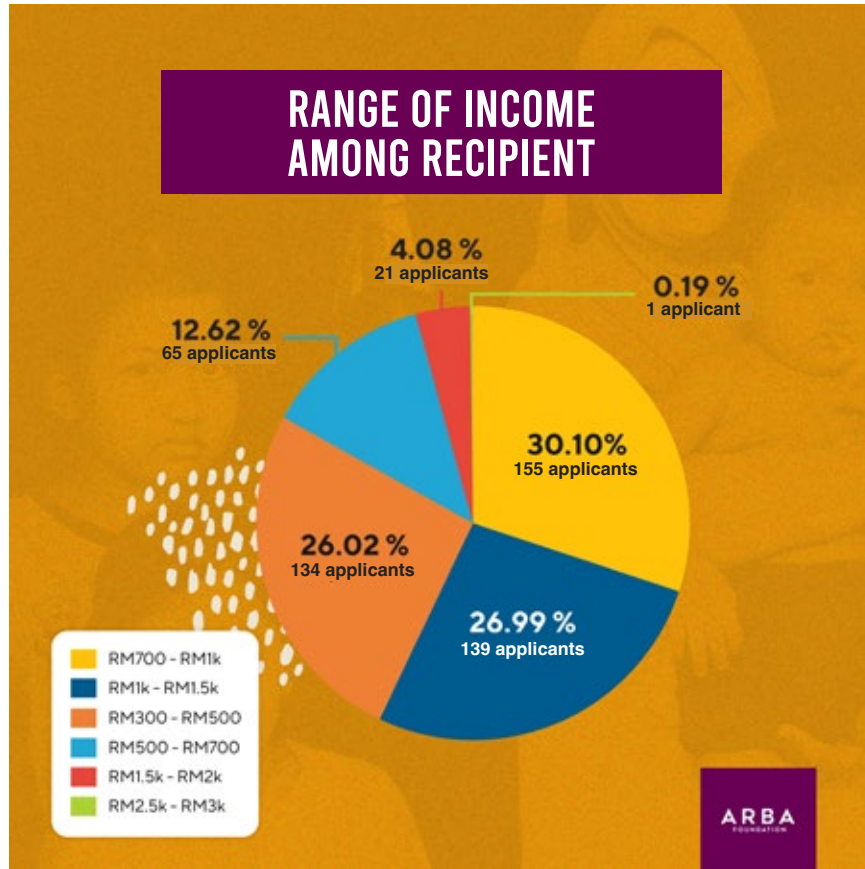
NUMBER OF RECIPIENTS BY STATES



TYPES OF FAMILIES AMONG RECIPIENTS



RECIPIENTS PROFILE



IMPACTS AND OUTPUTS

513

FAMILIES WERE RELIEVED

2,565

INDIVIDUALS WERE BENEFITED

This includes sufficient supplies of basic needs; food, housing, medication, infants' milk and diapers

In collaboration with:



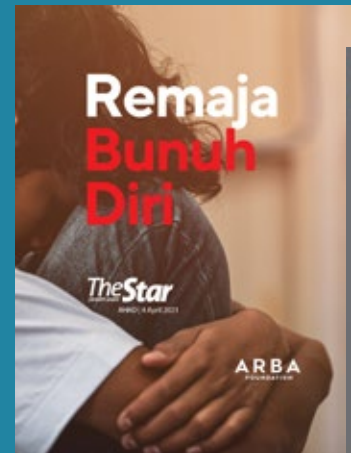
White Flag Campaign

2021



PROLONGED MCO 3.0

Many have lost jobs, emptied their savings, and are in need of monetary help to buy basic necessities. The increasing number of suicidal cases was agonising and a movement called #whiteflag started on all social media platforms to spread awareness of the issue.



Amount Distributed:

RM 182,900

PROBLEM

A drastic increase in online aid applications among Malaysian who are in desperate conditions.

Assalamualaikum,minta maaf byk2,Sya ibu yg betul2 perlukan bantuan wlpun sekadar rm50 shja dri pihak Alba unk mbeli beras 5 kilo dan susu ank 😊

11:47 AM

Sya dri Tuaran Sabah,dekat 2 minggu sudah suami TDK boleh Kuar unk mcari org mjual besi buruk

11:48 AM

Kami sekeluarga sekadar mgambil sayur kangkung dibelakang rumah shj setakat ini.

11:49 AM



11:49 AM

Saya berniaga di rumah shja tuan jual2 keropok2...kdg satu hari dpt rm5 kdg rm3 sehari kdg tkada yg beli...nnti Sya bagi tgk tuan jualan saya ya...saya ada 3 orang ank ...yg sulung berumur 6 thn ada sakit jantung berlubang Ank kedua 4 thn lebih

Ank yg paling kecil bby 9 bln

Sya juga ada sakit saraf@ sendi... Sakit porosis...dan kencing manis.... suami hnya berkerja ambil upah potong rumput dan buat rumah klo ada panggilan adala kerja nya tuan ...suami Sya bkn warganegara...suami pegang mm13 Sya shja tuan warganegara...?? Suami .yg byk bantu saya klo di rumah tuan sebab saya tak boleh byk buat kerja2 rumah dan angkat yg berat. Sebelum ne saya pernah tidak dpt berjalan tuan seakan lumpuh satu badan saya tuan syukuramduallah.tuan...skg saya bergantung mnum ubat saraf dan kencing manis dari hospital dan klinik

.terus terang saya katakan tuan ...saya ada mohon bantuan zakat untuk ank saya yg sulung bantuan zakat nya hnya selama 2 thn shja tuanrm300 Saya berharap agar pihak tuan dpt membantu saya beli susu pun syukur Alhamdulillah tuan

8:32 AM

area tuaran telipok ria 12:30 PM

blh sya memohon bantuan 12:33 PM

sya nor. blh ka sya meminta bantuan. suami sya tk dpt turun kerja sbp pkpb ni. tlg la sya tuan brpa brpa je seikhlas hati tuan

12:34 PM

boleh saya mohon bantuan,, sejak tidak bleh rentas daerah terputus suda pendapatan kami .. Suda 2 minggu tiada langsung pendapatan ini... Hidup sy ibarat kais pagi makan pagi, Sblm ni kerja hanya punggut besi buruk sj... Mohon sngt2 tuan Inipun kehabisan makanan suda. 🙏🙏🙏

12:34 PM

mohon sngt2 tuan, brpa brpa je seikhlas hati tuan 🙏🙏🙏

12:42 PM

OPERATION



This campaign was a one-month project, and all applications were received through online forms. They were screened and verified through video calls, voice calls, and texts via WhatsApp.

We deliver cash assistance to the approved applicants within 72 hours.

#DiariPemohon

" I feel hopeless and all I see is dead ends.. "

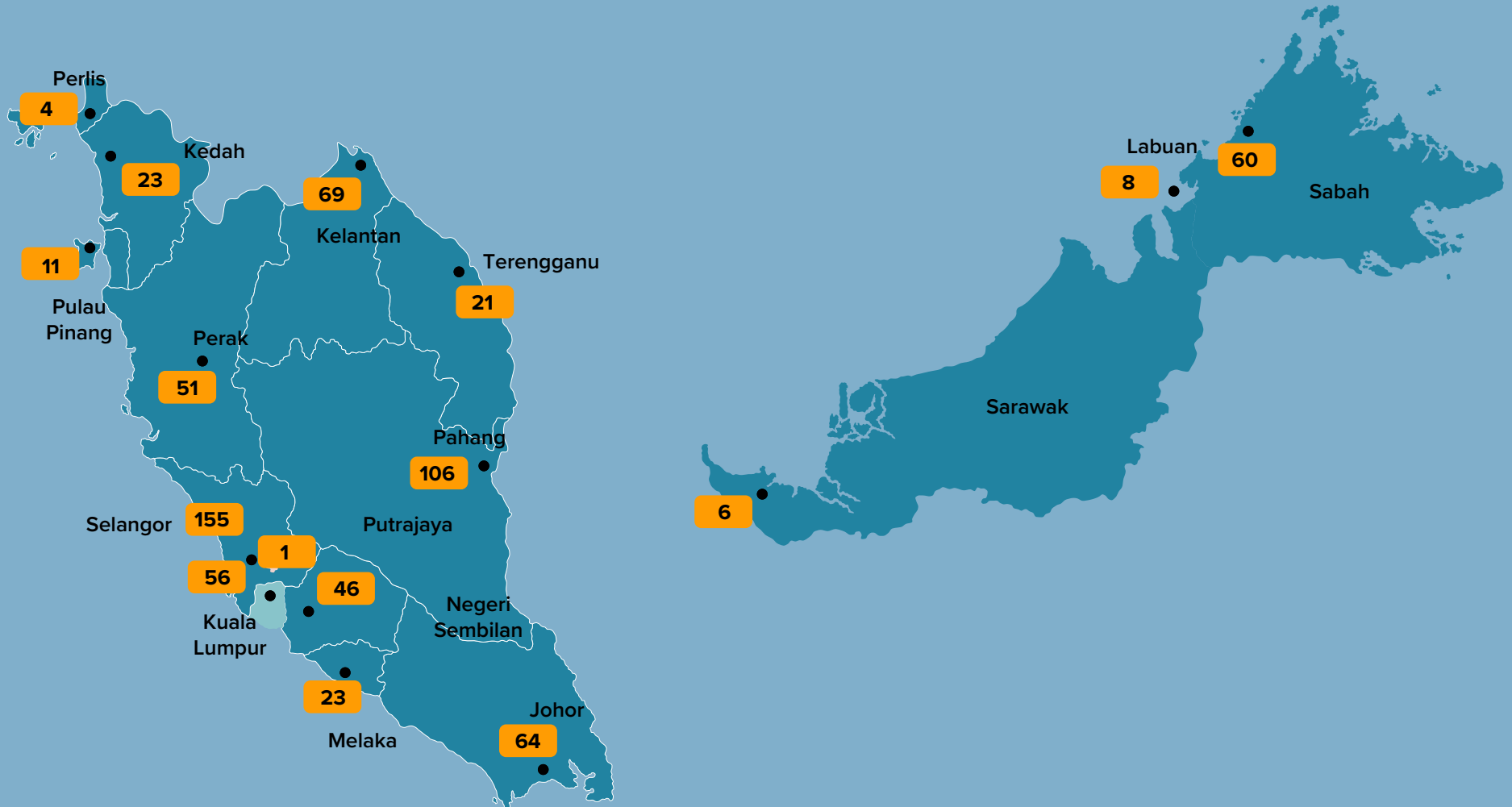
#DiariPemohon

"I lost my job, and I have a lot of commitment to pay. My motorcycle, my house and others.. I couldn't give up and I started selling cake online, but still not enough to pay my three months overdue rental and my motorcycle was towed away. All savings, including KWSP, have been used to help clear my parent's debts. I tried borrowing money from friends, but no one could help as they are also deeply affected by their own financial issues. No one could help. I feel hopeless, and all I see is dead ends.."

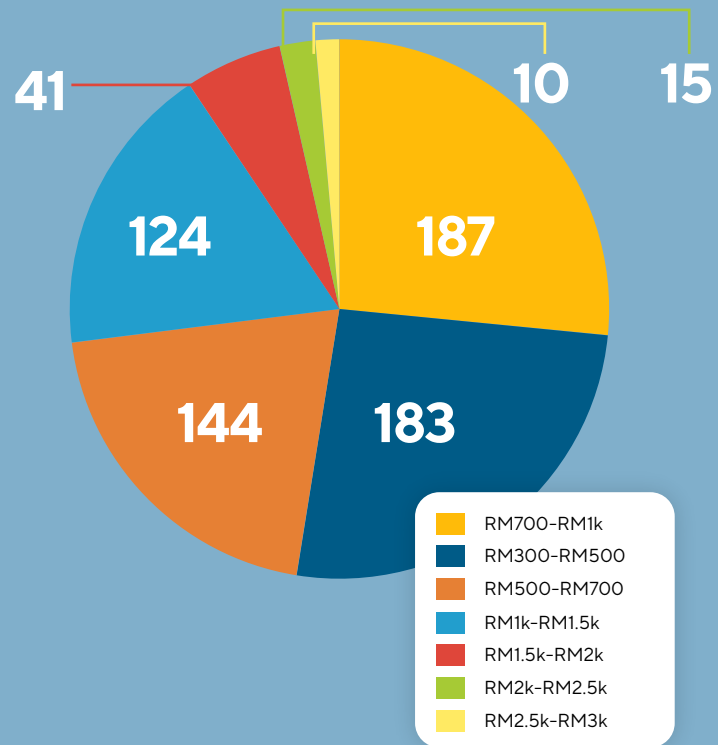
#DiariPemohon

"My husband and I had no jobs. We were just a small business vendor renting out with friends.. Our income is only RM30 per day.. I would like to seek some aid to help pay for our rental and buy daily supplies for our small children. Our rent costs RM600 and our income are not enough. I have a twin and a six-month-old infant who still feeds on milk and needs diapers. Our utilities have not been paid for five months.. And one of my twins suffers from a heart problem..."

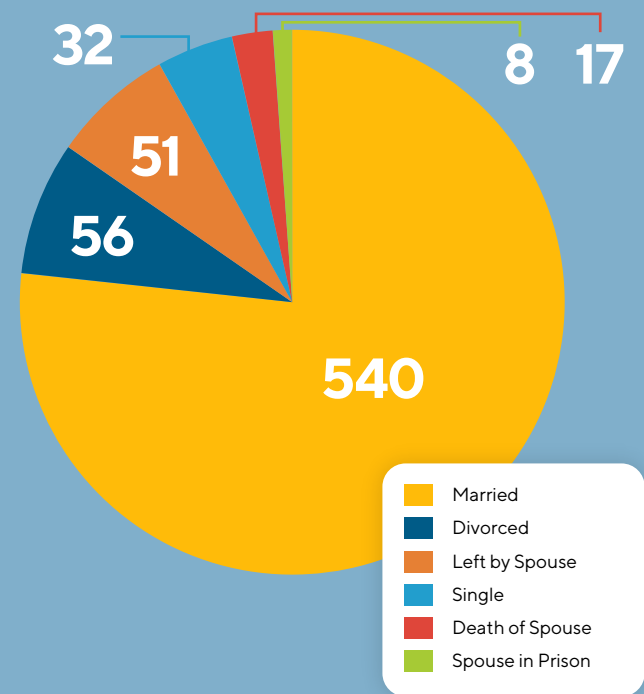
DISTRIBUTIONS OF WHITE FLAG AID ACROSS THE STATES



RANGE OF INCOME OF BENEFICIARIES



MARRIAGE STATUS OF BENEFICIARIES



IMPACT AND OUTPUT

716

FAMILIES WERE RELIEVED

2,864

INDIVIDUALS WERE BENEFITED

Aids includes sufficient supplies of basic needs; food, housing, medication, infants' milk and diapers.

Dengan Kerjasama:

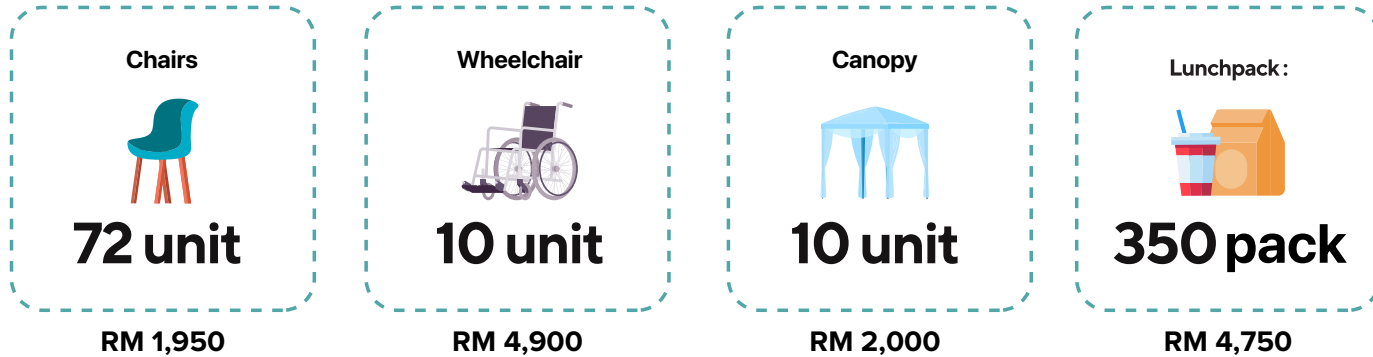


Frontliners Aid Project 2021



OPERATION _____

Many healthcare centres were faced with a shortage of medical equipment or supplies and we were able to directly reach several Health District Offices, Hospital, and Covid Assessment Centre (CAC) to provide the needed aid.



Amount distributed:

RM 13,600

IMPACT AND OUTPUT

1 HOSPITAL

2 CAC

96 OFFICERS

3 weeks project durations

Aids includes food for front liners and medical equipment for Hospital/CAC

In Collaboration With:

yezza



Poor Family Aid Project 2.0

2021



DATA

1. This project is the continuation from Ramadan Infaq Project and White Flag Campaign.
2. Recipients reported that they were experiencing mental health issues in the effect of the prolonged MCO.

Official data from January to June 2021:

48%

Experienced anxiety

* Based on a report from
Sunway University

44%

Experienced depression

465

Attempted suicide

* Based on a report b
the Ministry of Health

Amount distributed:

RM 112,050

THE PROJECT _____

Three operational pillars of the project:



Unconditional cash assistance

Recipients are given monthly cash assistance for six months for their necessities. Spending priorities vary from one family to another.



Expenses are tracked

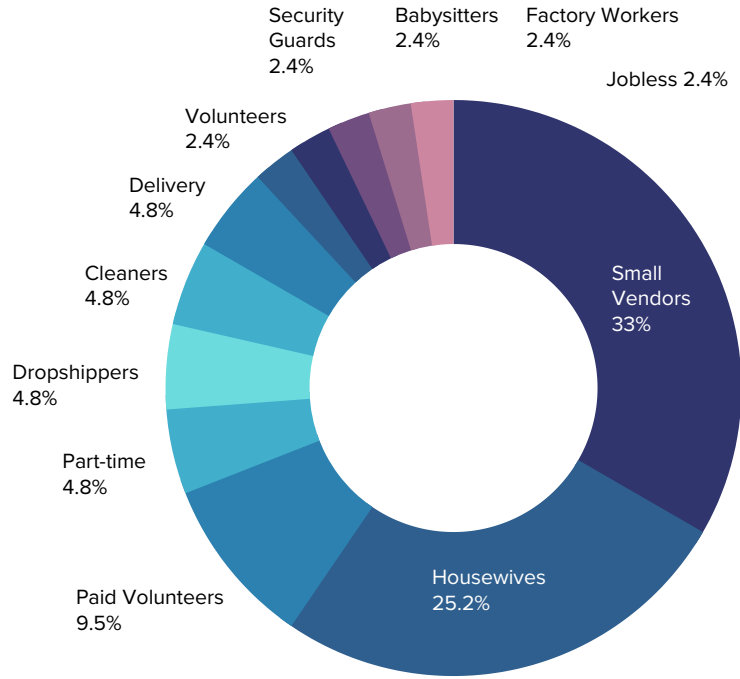
Each recipient is required to share details and receipts of expenditure. This is to understand their spending priorities and to qualify for the following month's assistance.



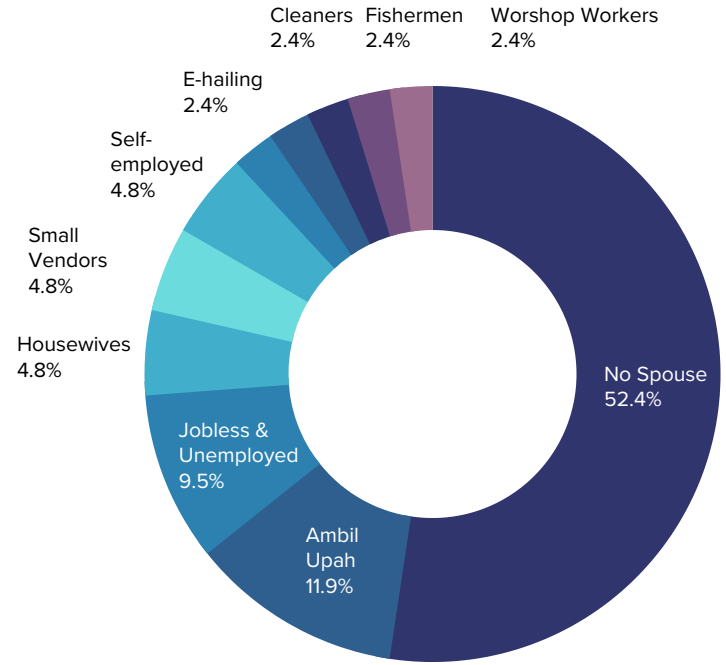
Progresses are measured

Their finance, health, education and well-being are measured to ensure progress.

RECIPIENTS PROFILE

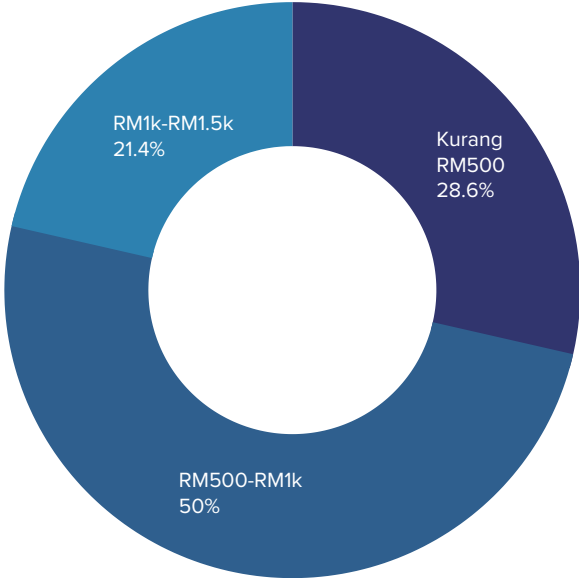


Recipients Occupation

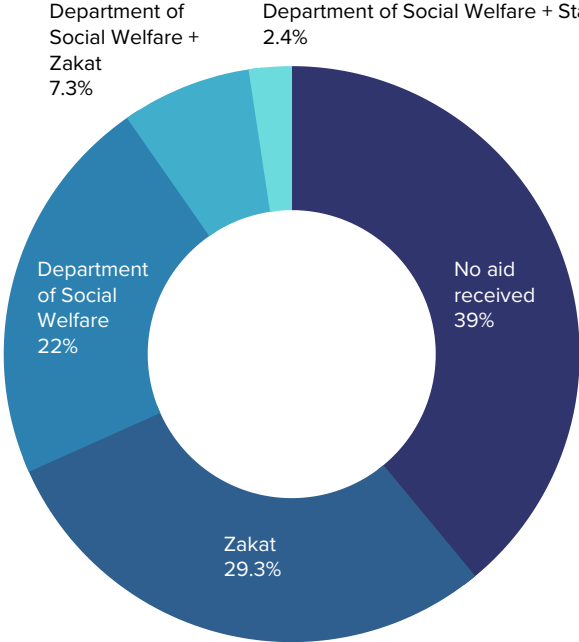


Recipients' Spouse Occupation

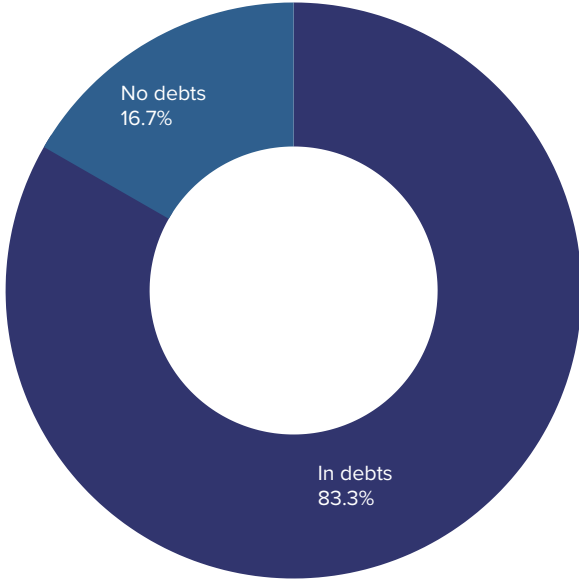
Recipients' dependants: **218 dependants**
(Max:10 Min:2 Average: 5)



Household range of income

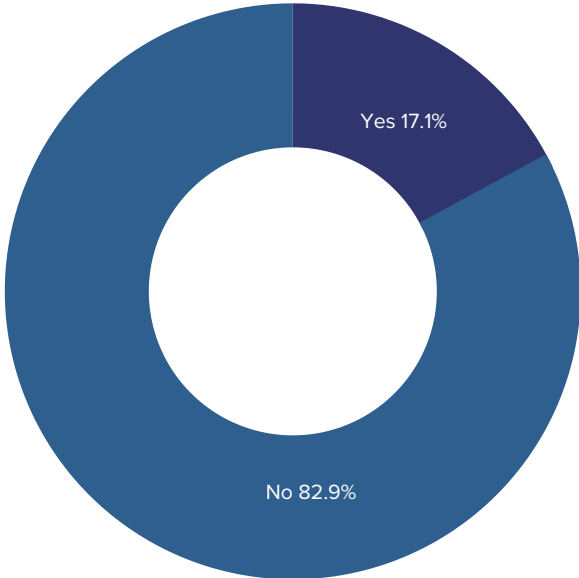


Types of other aid received

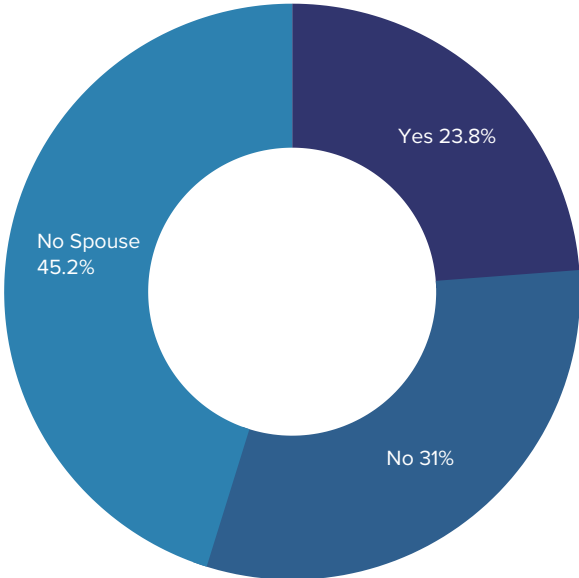


Outstanding Debts

HEALTH _____



Recipients with chronic illnesses



Recipient spouse with chronic illnesses

LIVING STANDARD

HOUSING AREAS

24

Families - Urban

18

Families - Rural

TYPE OF HOUSES

12

Flat

10

Terracet

14

Village House

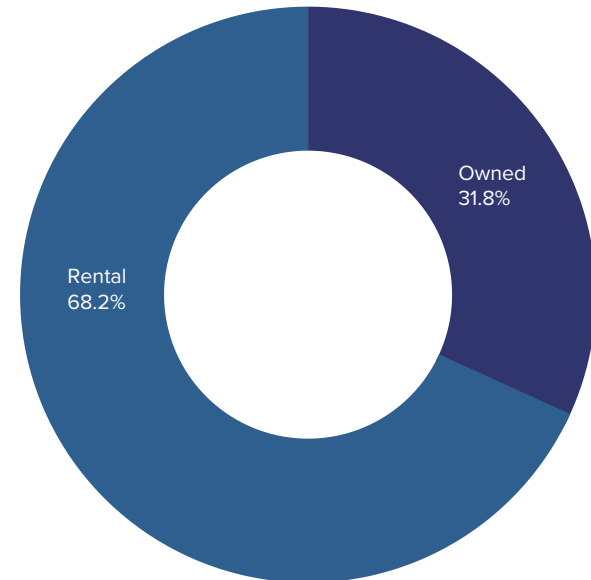
4

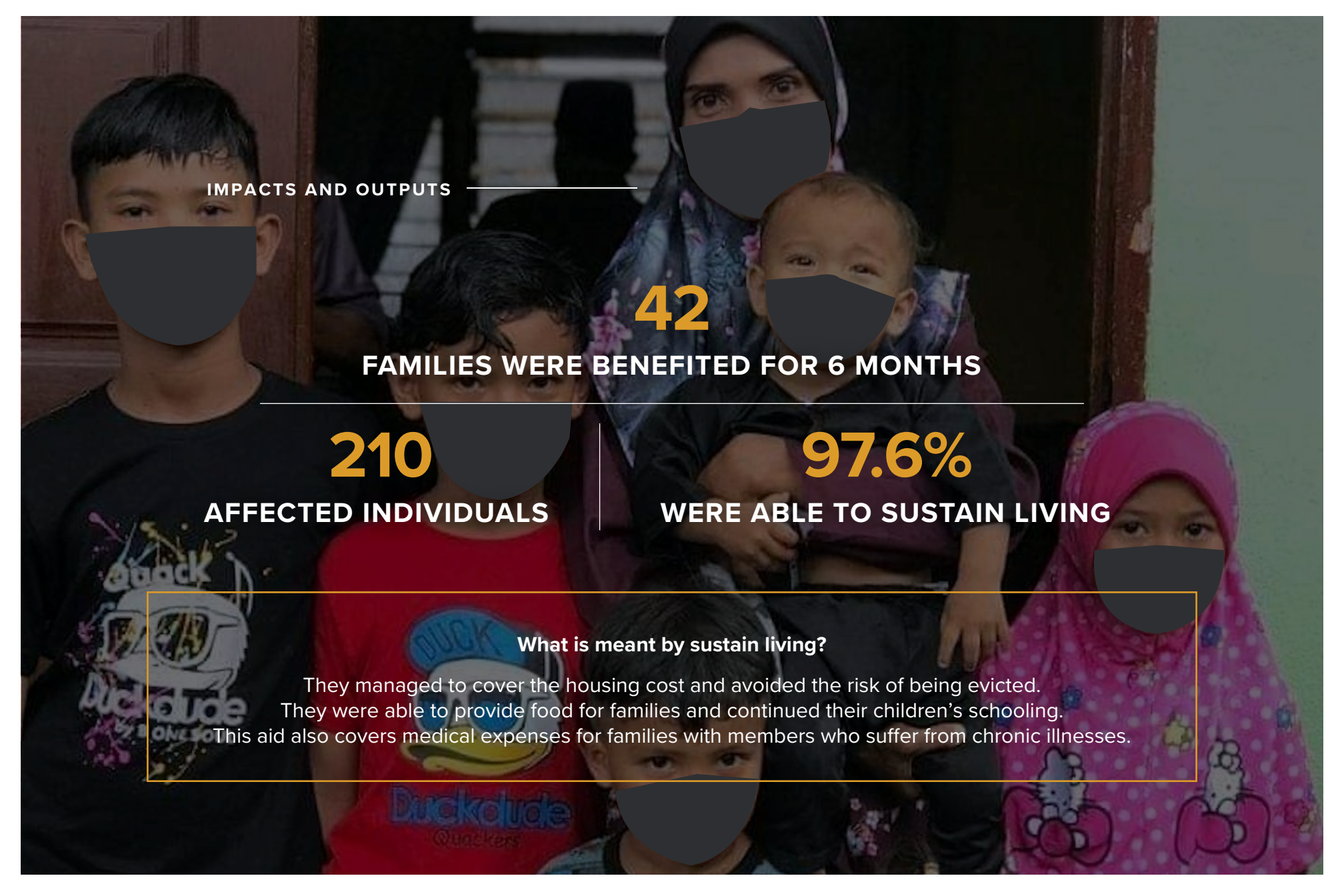
Squatter Htouse

1

Shoplots

HOME OWNERSHIP





IMPACTS AND OUTPUTS

42

FAMILIES WERE BENEFITED FOR 6 MONTHS

210

AFFECTED INDIVIDUALS

97.6%

WERE ABLE TO SUSTAIN LIVING

What is meant by sustain living?

They managed to cover the housing cost and avoided the risk of being evicted. They were able to provide food for families and continued their children's schooling. This aid also covers medical expenses for families with members who suffer from chronic illnesses.

SPENDING PATTERNS

Food & basic necessities: 60.2%

- a. Dry Goods: 13.9%
- b. Fresh Foods: 16.3%
- c. Other Needs: 30%

House Rental: 16%

Utilities: 10.6%

Business Capital: 1.9%

Miscellaneous: 1.9%

INSURANCE

Financial management training and Takaful coverage for recipients.



In Collaboration With:



FWD
takaful



RECIPIENTS' EVALUATION OF ARBA FOUNDATION

Testimonials and Ratings:
4.8/5



“Alhamdulillah, we are grateful to receive the monthly help from ARBA Foundation. The provided phone really helps my children in their studies and not missing out on online classes. May ARBA Foundation be blessed and eased in all efforts. Ameen...”

“Alhamdulillah, ARBA Foundation team was really committed to helping. Not only did they come for home visits, but they also gave their moral support towards the families.”

“Alhamdulillah, I thank god... ARBA Foundation has been really helpful and attentive to our family. When we had to ration our food to survive, we received help from ARBA Foundation. The team was friendly and polite, and I felt comfortable sharing my problems.. My children were able to improve their studies with the help they received.

May ARBA be protected and rewarded with good health”

“I could finally pay the mounting debts and buy enough food. My children could also continue learning online with the help from ARBA Foundation.”

“With help from ARBA, the burden on my family was eased. My children have enough food and no longer depend on diluted condensed milk daily. I could buy enough groceries and no longer have to worry about what to eat for morning, afternoon and night.”

“I was burdened with too many debts.. When ARBA Foundation came and helped, I started a small business online from scratch. Although the sales were not that much, I could still provide my children with necessities. ARBA helped clear the debt, one after another. Alhamdulillah, I hope the team can keep their continuous effort in helping families in need.”

COLLABORATORS & SUPPORTERS



COLLABORATORS & SUPPORTERS

Universiti Sains Malaysia (USM), Ministry of Health (MoH), Jabatan Kesihatan Negeri Selangor (JKNS), Pejabat Kesihatan Daerah (PKD) Hulu Langat & Petaling, **Breastfeeding Support NGOs**, FWD Takaful, Affin Islamic Bank Berhad, Institute of Islamic Banking & Finance (IIBF), **International Islamic University Malaysia (IIUM)**, Universiti Kebangsaan Malaysia (UKM), **Malaysian Rating Corporation Berhad (MARC)**, Pejabat Khidmat Dun Dusun Tua, Hulu Langat, **Sekolah Menengah Kebangsaan Abdul Jalil, Hulu Langat**, Pusat Pungutan Zakat (PPZ), **Yayasan Hasanah - Khazanah Nasional**, Tiga Talk, **Persatuan Suri Rumah Rahmah**, Kinder Kaizen.



ARBA



FOUNDATION


ARBA Foundation

K-3-01, Conezion,
Persiaran IRC3, IOI Resort City,
62502, Putrajaya

 ARBA Foundation

 @arbafoundation

  +60 19 452 6290

 www.arbafoundation.com

 @arbafoundation1

 @arbafoundation